

EFFECTIVE SHARED CARE AGREEMENT OF CICLOSPORIN FOR THE TREATMENT OF AUTOIMMUNE RHEUMATIC DISEASES

RESPONSIBILITIES and ROLES

Specialist responsibilities	
1	Discuss the benefits and side effects of treatment with the patient.
2	Check for possible drug interactions with ciclosporin and the patient's regular medication. Avoid prescribing interacting drugs.
3	Assess likelihood of compliance.
4	Ensure patient is given sufficient information about their treatment.
5	Perform all baseline tests (including FBC, U&Es, creatinine, eGFR, LFTs, Lipids and Blood pressure).
6	Initiate and stabilise treatment with ciclosporin. Stabilisation will usually take 4 weeks.
7	Supply medication until care is transferred to GP.
8	Ask the GP whether he or she is willing to participate in shared care and explain the intention to share care with patient/carer and obtain consent.
9	Monitor appropriately as stated on the monitoring requirement.
10	Inform GP of the dose to be prescribed, any changes in dose, when to stop treatment and when to refer the patient back to specialist.
11	Periodically review the patient's condition and communicate promptly with the GP when treatment is changed.
12	Monitor for side effects and report adverse events to the MHRA and GP where appropriate.
13	Inform GP if patient does not attend specialist appointments and action to be taken.
14	Have a mechanism in place to receive rapid referral of a patient from the GP in event of deteriorating clinical condition.
15	Ensure that clear backup arrangements exist for GPs to obtain advice and support.
General Practitioner responsibilities	
1	Reply to the request for shared care as soon as possible.
2	Prescribe ciclosporin at the dose recommended once patient is established on treatment.
3	Advise the specialist of changes in concomitant medication – particularly NSAIDs, ACE inhibitors, Digoxin.
4	Ensure compatibility with other concomitant medication.
5	Adjust the dose as advised by the specialist.
6	Contact the specialist if you suspect the patient is not complying with their medication.
7	Check for possible drug interaction when prescribing new medication and avoid prescribing interacting drugs.
8	Stop treatment on the advice of the specialist or immediately if an urgent need to stop treatment arises.
9	Refer the patient to the specialist if his/her condition deteriorates.
10	Report any suspected adverse events to specialist team and any severe adverse events to MHRA.
Patient's / Carer's role	
1	Report to the specialist or GP if he / she does not have a clear understanding of the treatment.
2	Take ciclosporin as recommended by specialist.
3	Request repeat prescriptions from the GP at least 5 days before the next supply is needed.
4	Attend scheduled appointments with specialist, GP and for monitoring.
5	Share any concerns in relation to treatment with GP or specialist.
6	Inform specialist or GP of any other medication being taken, including over-the-counter products
7	Inform specialist or GP if you feel you are having problems taking your medication or have stopped taking it.
8	Report any adverse effects to the specialist or GP.

SUPPORTING INFORMATION EFFECTIVE SHARED CARE AGREEMENT

Information on therapeutic indication, dosage, method of administration, side effects and management considerations in special populations can be found in the Summary of Product Characteristics for ciclosporin available from www.medicines.org.uk

Monitoring requirements

Monitoring Interval	Full blood count	LFTs	U&Es Creat eGFR	BP	Lipids	Glucose	GP or Consultant
Baseline	✓	✓	✓	✓	✓	✓	Consultant
Fortnightly until stable for 6 weeks, then monthly	✓	✓	✓	✓		✓	Consultant
After 12 months, consider reduced frequency*.	✓	✓	✓	✓		✓	Consultant

*Dose increases should be monitored by FBC, creatinine/eGFR, ALT and/or AST and albumin every 2 weeks until on stable dose for 6 weeks then revert to previous schedule.

Primary Care Costs

Product	Pack size	Cost per OP *
Ciclosporin (Neoral [®]) 10mg capsules	60	£18.25
Ciclosporin (Neoral [®]) 25mg capsules	30	£18.37
Ciclosporin (Neoral [®]) 50mg capsules	30	£35.97
Ciclosporin (Neoral [®]) 100mg capsules	30	£68.28

**Cost from online November 2017 Drug Tariff*

Additional information which cannot be found in the SPC

BACK-UP ADVICE AND SUPPORT

Contact details	Telephone No		Fax:	E mail
Nurse Consultant	01782 673753	Ann Brownfield	01782 673912	ann.brownfield@ssotp.nhs.uk
Specialist	01782 715444	Ask for Rheumatology Consultant or SpR on-call	01782 673912	
Helpline	01782 673687			
Pharmacy Dept	01782 673767			